



## **Terms & Conditions of Participation**

By participating you agree to the rules & conditions below.

Note that it is the responsibility of parents/guardians/supervising adults to ensure that the children in their care adhere to these safety rules.

- Due to the physical nature of activity at Clip 'n Climb, minor injuries like bumps, bruises and scrapes are common. By participating or allowing the children in your care to participate, you acknowledge and accept this risk.
- You confirm you and any other climbers in your booking party are physically fit and able to take the strain involved in participating in Clip 'n Climb activities.
- You confirm that you do not have any medical conditions, or previous injuries, which could be aggravated by participating in Clip 'n Climb activities. Any customers choosing to take part when pregnant (which we advise against) must inform us of their pregnancy and proceed at their own risk.
- If you or any of your party has additional needs, we recommend contacting us in advance to discuss, otherwise it may not be possible to accommodate these at short notice.

## **General Rules**

Clip 'n Climb is a potentially dangerous activity that can lead to serious injury if safety procedures are not followed. All participants are required to adhere to the rules stipulated in the 'Rules for Climbers' poster and any additional safety information given by centre staff.

### **These rules include but are not limited to:**

- **Do not climb** unless you are securely attached via the Auto Belay system.
- A safety video and briefing will be provided beforehand, all climbers **MUST** attend a safety briefing before they climb. This briefing is compulsory on each new visit to the Clip n Climb.
- **Do not walk or stand** on the coloured warning mats or marked fall zones when a climbing wall is in use
- **Do not 'pull down'** on the rope whilst climbing.
- All participants must dress appropriately for the activity which includes the removal of all jewellery and loose clothing; pockets should be emptied of loose items e.g. mobile phone, coins, keys etc, long hair must be tied back and closed toe footwear worn at all times. Flip Flops, Sandals or 'Croc' style footwear is not appropriate. Skirts are not appropriate.
- Clip 'n Climb is not responsible for participants' belongings, and lockers are available within the building, should you wish to use them.
- No running or horseplay is permitted in the climbing arena.
- The minimum age is 4 years, with a minimum weight of 1.5stone / 10kg.
- The maximum weight limit of participants is 22stone / 150kgs.



- There is no maximum age limit, as long as the participant is in good physical health and the above risks have been acknowledged.
- Minimum height for Vertical Drop Slide and Leap of Faith is 4ft / 120cm.
- You must pay attention to any directions from Clip 'n Climb staff.

#### **Adult Supervision:**

- **All children up to & including 11 years must** have a parent/guardian, or supervising adult e.g. a teacher or youth group leader, present in the building at all times when using the Clip 'n Climb facility.
- The child's parent/guardian or supervising adult remains responsible for the welfare of the child at all times and must decide what level of supervision the child needs in the Clip 'n Climb arena in light of his/her age, confidence and ability. We encourage all parents/supervising adults to interact and share the Clip 'n Climb experience with the children in their care.
- **Children aged 12 – 17 years** are permitted to climb unsupervised. Note for school/group bookings the school/group representative who makes the booking is confirming that parent/guardian consent has been confirmed for all young people who are part of the booking.

#### **Food and Drink**

Customers / guests are not permitted to consume food or drink onsite unless it has been purchased from High Rise Café. The exception to this is where the party room has been booked for a children's birthday party, or outside catering has been agreed as part of a private party / corporate event booking.